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REVIEW

The Number of Five Basic Elements' Motion of Traditional Chinese Medicine and Cancer Prediction

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ABSTRACT

"The number of five basic elements' motion" varies according to the date of birth, which is tightly tied to human health. To predict cancer with " the number of five basic elements' motion" is simple, accurate, worth of research and popularizing.

The theory of "five basic elements' motion and six climatic changes" is a key part of Traditional Chinese Medicine, "the number of five basic elements' motion" is strongly related to the physiology and pathology of human body. Combine with folk pathology prediction, "the number of five basic elements' motion" has been proved to have some scientific validity and of high accuracy in cancer prediction, it is worth to study, research and be discussed in-depth.

1. Introduction

In <Interal Classic of Yellow Emperor (Huang Di Nei Jing)>, it created the theory of "five basic elements' motion and six climatic changes" on the basis of the principle of "Comparative states", revealed the fundamentals of pathology prediction theory of Traditional Chinese Medicine for thousands of years. In recent years, I have conducted a primilinary study and research on this, my research results are as follows, please feel free to give your comments and suggestions, thank you!

2. Clinical Observation on the Prediction of Caner with "The Number of Five Basic Elements' Motion" of Traditional Chinese Medicine

In <Interal Classic of Yellow Emperor ,Plain Questions> "Chapter 66, Great Theory on Law of Primordial Qi in

Nature", it points out: The five evolutive phases and Yin-Yang are the principles of heaven and earth circles, the laws of life and death in the universe, the source of all changes ,and the important rules about life & death that we must know. [1]





Figure 1

Figure 2

*The cover of <Internal classic of Yellow Emperor> and related illustra-

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In my humble opinion: the five basic elements, Yin-Yang, are the general rules and guides of natural changes, everything has both side of Yin and Yang, and could be summarized with five basic elements: soil, water, gold, fire, and wood, so does the birth date of each person. Different birth date has different Yin, Yang and five elements, it represents in the generation and restriction number of five basic elements' motion; the changes of generation and restriction of the number of five basic elements' motion allows us not only to know the congenital pathology and acquired pathology of human ,but also could predict cancer.



Figure 3

* "The five basic elements' motion and six climatic changs" & "Yin-Yang and Five Basic Elements"

Based upon the fundamentals of "five basic elements' motion and six climatic changs" that established in < Interal Classic of Yellow Emperor >, I use the number of five basic elements' motion to predict cancer in combination with the folk birth date prediction. I mainly reserved and predicted 580 person in recent years, it is found that out of 373 general patients that were not confirmed cancer 179 were at risk of cancer, who were compared with the "Four Diagnoses and Eight-Principles" in Traditional Chinese Medicine, they all have the clinical features of cancer, namely, they have ecchymosis on face, hand, ear or other body parts, some patients have unusually increase of tumor markers. To further verify the reliability of this method, with the same method I verified 89 patients out of the 580 who have been diagnosed, the accuracy reached 95%. Among these 89 patients, 51 are male and 38 are female, among the youngest patients, one aged 7 years and 9 months, one aged 12, one aged 17; and 41 aged 30-59, 42 aged 60-79, 2 aged 80-90, and the eldest one aged 98.

Among these 89 cases, 19 were lung cancer patients, 11 were liver cancer patients, 8 were breast cancer patients, 5 were gastric cancer patients; and patients of colon cancer, pancreatic cancer, leukemia, endometrial cancer and bladder cancer were 4 each, patients of renal cancer and cervical cancer were 3 each; patients of cardiac, rectal, nasopharyngeal, laryngeal, pelvic, and non-Hodgkin's lymphomas were 2 each; in addition, patients of esophageal, colon, esophageal cancer, bowel cancer, gallbladder cancer, thyroid cancer, oropharyngeal cancer, gingival cancer, prostate cancer, and multiple myeloma were 1 each.



Figure 4

* The illustrations of cancer ecchymosis



Figure 5

* The illustrations of cancer ecchymosis

2.1 Typical Case 1

Xiong X, female, aged 66, admission time: 26th,-Dec., 2018, no noticeable symptoms. Immediate diagnosis: slow pulse, dark red tongue, blue veins under the tounge are bruise, thin white tongue. Hand diagnosis: lung dryness, Yang deficiency in spleen and kidney, has hazel ecchymosis on Hegu acupoint of left hand and slight brown spots on upper warmer of right ring finer, there was a suspected danger of cancer. Hence asked about her birth date for prediction: this person was born on 4th July, 1952; in Chinese Lunar Calendar, that is the thirteenth day of leap May ,the year of the Dragon , the congenital pathology of her number of five basic elements' motion is"gold restricts wood", "wood restricts soil," this indicates there is potential disease in liver, spleen and lung channel; her acquired pathology is "two gold restricts one wood", which means there are two "11" restricts "4", 11-4=7, this shows there is potential danger of cancer, so reminded her to prevent cancer.

However, the patient didn't take it serious as there wasn't any discomforts. Unexpectedly, she was suspected to have "breast cancer" during the physical exams on 23rd Oct, 2019, and was confirmed after 2 days, then was hospitalized for surgery and treatment.

2.2 Typical Case 2

The number of five basic elements' motion of Steve Jobs, the president of Apple Inc., he was born on 24th Feb.,1955, that is the 24th of the second lunar month of the year of Goat (the year of the soil motion) in the Chi-

nese calendar .His number of five basic elements' motion shows there is a congenital missing of gold, wood, and fire, and deficiency in lung, liver as well as heart. The congenital pathology of his number of five basic elements' motion is "soil restricts water", spleen and kidney are susceptible to diseases, his number of five basic elements' motion is 8-2=6, 6 pertains to fire and is subsumed to heart, all cancers have something to do with mindset, because "soil restricts water", therefore, he is susceptible to cancer of the digestive system or urinary and reproductive systems; and there is a missing of gold, wood, and fire in his acquired pathology ,deficiency in lung, live and heart; his number of five basic elements' motion is also "soil restricts water" with a subtraction results of 6, this indicates he is liable to cancer of the digestive system or urinary and reproductive systems. As both his congenital pathology and acquired pathology show he is at risk of cancer, Jobs got cancer in 2003 the year of the soil motion, took surgery in 2004 the year of the soil motion, and liver metastasis was detected in 2007, even a liver transplantation didn't change his fate, because all these were clearly showed on the ecchymosis of his left liver; according to his "number of five basic elements' motion", his disease will relapse or aggravate in "year of the soil motion" or "year of the wood motion", as expected, it relapsed in 2010 the year of the soil motion, and was considered of no value for continuing treatment, in the end Jobs passed away on 5th Oct., 2011(the soil day, soil month of the year of the wood motion).

2.3 Typical Case 3

Fu Biao, a public figure, male, 42, born on 27th Sep., 1963, that is 10th of the eighth lunar month of Guimao Year in the Chinese calendar. To predict with the number of five basic elements' motion, there is a missing of water and fire in his five elements of congenital pathology, deficiency in heart and kidney, and because wood restricts soil, liver and spleen are liable to diseases; gold restricts wood, liver and lung are susceptible to diseases, his number of five basic elements' motion is 10-4=6, which indicates he is at risk of cancer; there is a missing of fire and soil in the five elements of his acquired pathology ,and deficiency in both heart and spleen. The prediction results are in accord with the actual situation. After got cancer, Fu Biao had undergone two liver replacement operations, nevertheless, he finally passed away in 2005 the year of "gold motion", because "gold restricts wood"...

2.4 Typical Case 4

Zhan X, female, born on 21st Dec., 1962, that is 25th of

the eleventh lunar month of RenYin year (year of the Tiger) in the Chinese calendar. In her number of five basic elements' motion" soil restricts water", which indicates she is susceptible to spleen and kidney disease, and the subtraction of her congenital pathology and acquired pathology restriction number equals to "6" and "7" respectively, this shows she is predisposed to cancer. She got cancer in 2011 and undergone the radical nephrectomy, however, she got diagnosed with bone metastases the next year; in Sep. 2012, several hospitals said she would only survive for up to 3 months, she then came to our hospital for treatment, the cancer genes were cleared after treated with Chinese medicine and folk herbs, and is still under treatment so far.

3. The Theory of "Number of Five Basic Elements' Motion" and Folk Pathologic Prediction

<Interal Classic of Yellow Emperor ,Plain Questions>, "Chapter 67, Great Theory on Movement of Five Phases" says: I have heard you talking about the laws of five evolutive phases, what you said means the Qi of five evolutive phases governs one year each, as regards to the problem of the cycle of 60 years and definition of evolutive phases, I will discuss with Guiyu Qu... The number of Yin & Yang is countable, it is the Yin & Yang in human body, so it accord with the accountable number of Yin and Yang [2] There is a comprehensive discussion bout the "number of five basic elements' motion " in the book, it means the Yin, Yang, Qi, and Yun varies each year from "gold motion", "wood motion", "water motion", "fire motion" to "soil motion", there is not explicitly statement about the number they represent in <Interal Classic of Yellow Emperor >, however, there are corresponding rules about judgement in the folk prediction, for example, for person born in "Zi" year, the earthly prop corresponds to rat, its number is "1" ,which belongs to "water", "hexagram Gen"; for person born in "Chou" year, its earthly prop corresponds to "ox", the number is "2", belongs to "water", "hexagram Gen"; for person born in "Yin" year, the earthly prop corresponds to tiger and its number is "3", its five evolutive phase and six climatic factors belong to "earth", "hexagram Gen"...the rest person who born in different year each has different animal zodiac, hexagrams as well as different five basic elements' motion and six climatic changes, the numbers it represents differs as well.

The twelve earthly prop and fate are different each year with different "number of five basic elements' motion". But unlike <Interal Classic of Yellow Emperor >, the folk prediction make analysis on the luck of birth date & hour, and have corresponding provision for the number, the number of luck are the same with that of year, while the hour of birth were stipulated as per the "traditional twelve hour periods", for instance, "zi shi" [period of the day from 11 p.m. to 1 a.m] is water ,its number of five basic elements' motion is "1", "si shi" is fire, its number of five basic elements' motion is "6",etc.



Figure 6

* The illustrations of the "Celestial Bodies Backbone and Earthly Prop"

With regards to the principle of prediction, <Interal Classic of Yellow Emperor, Plain Questions points out: The harmony between host climatic Qi and guest climatic Qi means health, otherwise, will get sick^[3]. The notes of this passage give a clear explanation of it: "wood adjacent to fire, gold adjacent to water, water adjacent to wood, fire adjacent to soil, soil adjacent to gold, get on well together; soil adjacent to wood, soil adjacent to water, soil adjacent to fire, fire adjacent to gold, gold adjacent to wood, doesn't get on well together. When the upper adjacent to the lower means smooth, and the lower adjacent to the upper means inverse, inverse will lead to depression and disease, such as soil adjacent to sovereign fire or ministerial fire, etc. It clearly points out that generation among five elements means smooth, the restrictions of five elements means disease. This principle is followed by the folk prediction, however, it defines "congenital pathology" and "acquired pathology" respectively, namely, on the basis of the number of "congenital pathology", to add or subtract with "the multivariable number 6" depending on the figures, to form the "acquired pathology", in this way, the number of five basic elements' motion of the birth year, month and date could be calculated, hence it is able to predict diseases according to the generation and restriction relationship of five elements of the numbers it represents. When the five elements are complete and each element promote the other means health, when they are incomplete or restrict the other means poor health or diseases; if two elements restricts one elements means cancer, e.g.: two wood restricts one soil, two gold restricts one wood; when the subtraction results of five elements restriction number is "6" or "7" means cancer as well, these two numbers, one is Yin and the other is Yang, they both pertains to heart, fire, because all tumors and diseases can be judged according to the relationship of "five elements" represented

by its number which reflects the health condition, disease and cancer is closely connected to human mentality. (the method of judgement subjects to the number of five basic elements' motion of birth year, month, day and hour; or subjects to calculated date in case specific birth date is unknown).

4. A look at the Principle of Predicting Cancer with "The Number of Five Basic Elements' Motion"

The theory of "five basic elements' motion and six climatic changs" in <Interal Classic of Yellow Emperor, Plain Questions> originates from <The Scriptures of Changes>.





Figure 7

* < The Scriptures of Changes >

In <The Scriptures of Changes, Xici>, it says "Yi is the creation rule of heaven and earth, therefore it includes the operation laws of the world. Look up to view the astronomy, and bend down to observe the geography, so can learn the truth about light and darkness. Observe the start to conclude the result, so know the truth about life and death ". This tells us that the principles in <The Scriptures of Changes > conforms to the principles of heaven and earth, therefore, it include the laws of everything in the universe, the saints look up to observe the changes of celestial bodies and lean down to study the physics of the earth, so they are able to know the subtle changes, study the beginning to conclude the result, so they understand the doctrines of life and death. Born in the world, human is influenced by celestial objects and the earth, the most important of which is the influence of celestial magnetic field and earth magnetic field on human Qi and blood. Just as defined in <Interal Classic of Yellow Emperor ,Plain Questions>, "Chapter 74, Great Theory on Crucial Principles": What belongs to heaven is the Qi of heaven, and what belongs to earth is the Qi of earth. When the Qi of heaven and earth combines, the division of six climatic factors come into being, and give birth to all lives

on earth^[5]. The "Qi of the heaven" here is the magnetic field of celestial bodies; "Qi of the earth" is the magnetic field of the earth. The magnetic field of celestial bodies has different properties according to its orbits, in <Interal Classic of Yellow Emperor >, "Chapter 67, Great Theory on Movement of Five Phases", it points out: The fire Qi passes through Abhijit, Girl, Mirach, and Alpheratz lunar Mansions; the soil Qi passes through the Antares, Tail ,Horn, and Chariot lunar Mansions; the wood Qi passes through the Rooftop, Encampment, Willow and Ghost lunar Mansions; the gold Qi passes through the Neck, Root, Hairy head and Net lunar Mansions; the water Qi passes through the Extended net, Wings, Bond and Stomach lunar Mansions. [6] Five different kinds of "Qi" generates different magnetic fields, which have a profound effect on human's health since birth. The interation of magnetic fields between celestial bodies and the earth brands on human body deeply and determines the deficiency and excess of the internal organs, it contains not merely the life genes of human body, but also the congenital and acquired pathology; the date of birth determines the recessive or dominant pro-oncogenes of human body; cancer is not primarily caused by gene mutations, but because proto-oncogenes are activated. The root cause of cancer lies in the imbalance of Yin - Yang which leads to the ac-

cumulation of stasis and toxin in human body, and eventually results in cancer. To predict cancer with the number of five basic elements' motion does have some scientific validity, which lays the foundation for early prevention and treatment of cancer, it is worthy of further discussion, research and application.

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