Cover Letter

The author of the current manuscript is Nathasha Sharma, recent graduate clinical psychology student of the Hellenic American University, Athens, Greece. There are no more corresponding authors to be identified.

Description:

The purpose of the present study was to investigate if there was an association between empathy and aggression in Greek College students via self-report measures, as well as to explore effects of gender and age. At this point, prior research has shown a significant relationship between empathy and aggression, with gender effects being inconclusive, as well as lacking information regarding collectivistic Mediterranean cultures. The importance of the present study includes providing an exhaustive in-depth literature review and understanding of empathy; exploring the lack of data regarding empathy and aggression in adults from the Greek Mediterranean population; obtaining a comprehensive understanding of cultural and gender role relevance on traits that influence society and building on as well as adding to previous literature based on up-to-date data received.

Declaration of Interest: There are no financial/personal interest or beliefs that could affect their objectivity of the present data.

The study utilized an informed consent form and ensured that all participants provided consent to voluntarily participate in the study. The paper received the ethical approval of Hellenic American University Ethics Committee. There is no trial registry number to report. The study has a single author who significantly contributed to the article, with no other authors or roles to report.